


Welcome to  
Canada!





The word Canada is derived from an  
Indigenous word.

That word is **Kanata**  
which means settlement  
or village.



# Where is Canada?

- Canada is in the top half of North America, and is bordered by three oceans: Pacific, Atlantic and Arctic.
- Canada is the second largest country in the world in area.
- Canada featured black-blue lakes, numerous rivers, majestic western mountains, rolling central plains and forested eastern valleys.
- Canada has the longest coastline in the world.



Province of Nova Scotia



# Where is Canada?

- Canada shares a 5,525-mile-long border with the United States (including Alaska)- the longest border in the world not patrolled by military forces.
- The national capital is Ottawa, Canada's fourth largest city.
- Toronto, Montreal, Vancouver is the first, second, and third largest cities, respectively.
- Canada has ten provinces and three territories.



Province of Nova Scotia

# Canadian Values and Beliefs

Canadians are known to be some of the most polite, tactful, and peace-loving human beings on the planet. In fact, a stereotypical Canadian is depicted as one who apologizes despite not being at fault.

## **Egalitarianism**

Everyone deserves equal rights and opportunities in this society regardless of gender, age, race or beliefs.

## **Punctuality**

Being on time is highly valued in Canada. Punctuality is a sign of respect. Everyone is expected to arrive on time or at least 5-10 minutes earlier. Similarly, deadlines are taken seriously. It is equivalent to honoring your commitments. It is also an indication of your integrity.



# Canadian Values and Beliefs

## **Informality**

Most Canadians are casual in dress and language. You will notice that there are no strict dress codes in the workplace (unless you work in a bank or law office). Clothes are informal to casual.

Generally, everyone is on a first-name basis. Even seniors (or superiors) are addressed by their first names. However, when meeting a person for the first time, it would be safe to address them by Mr./Mrs./Ms. (or a professional title like Dr.) and their last name. More often than not, they will tell you that you may address them by their first name especially when you become more familiar with one another.



# Canadian Values and Beliefs

## **Order and space**

Canadians value order and preserving their personal space. They also value personal privacy. It will be wise to avoid topics on salary, weight, age, religion and other personal topics.

It is also understood that a person has rights over his/her own property, so make sure to ask permission before using anything that is not yours. Disruptive behaviour, such as cutting in line, speaking out of turn, and shouting are definitely frowned upon.



# Canadian Values and Beliefs

## **Individualistic yet community-oriented**

Canadians are highly aware of their responsibility to the community. Despite being individualistic in terms of personal values (such as guarding personal space), contributing to the betterment of the community is a priority. Canadians get involved by volunteering, donating, and by generally maintaining pride and affinity for their community.

## **Political correctness**

Political correctness is refraining from saying or doing things that exclude, insult or marginalize groups of people. And because Canada is diverse and multicultural, knowing how to be politically correct is essential in order to live harmoniously with everyone.





# Canadian Values and Beliefs

## **Multiculturalism and diversity**

Historically, Canada began developing into a strong nation by welcoming immigrants. Today, it continues to value the richness and diversity that various cultures contribute to society. In 1971, Canada became the first country in the world to adapt multiculturalism as an official policy. This affirmed people's rights to maintain their unique cultural identity and promoted cross-cultural understanding and harmony.

## **Love for the environment**

Canadians bear a strong pride in their rich and bountiful resources and have deep-seated respect for the environment. You will see this in how they appreciate nature. They love camping. They also maintain their parks and open spaces, and adopt and follow environment-friendly policies.



# Fun facts about Canada

- Canada is the number one donut consumer in the world at about one billion annually.
- “Eh” is an actual word.
- Hawaiian pizza was invented in Ontario, not by the Hawaiians.
- Canadians say “I’m Sorry” a lot.
- About 90% of Canada’s population is concentrated within 160km of the Canada/US border.
- There are two official languages in Canada- English and French.



# Fun facts about Canada

- The words “Loonie” and “Toonie” refer to the one dollar coin and two dollar coin respectively.
- Canadians love Tim Hortons (fast food restaurant) - Canada's favourite coffee.
- Canadians commonly use the weather as a conversation starter.
- Cannabis is legal (regulated by law, similarly to alcohol).
- The beaver and the Canadian horse are two national symbol animals in Canada.



# Canadian Weather

Always check the weather as it can change very quickly.

- Canada has four seasons- winter, spring, summer, and autumn.
- The northern part of Canada is extremely cold with summer lasting less than two months.
- The coldest ever recorded temperature in Canada is -63 degree Celsius.
- Summers are hot and humid. It rains on average 7 days a month year-round.
- Autumn in Canada delivers one of the best foliage feasts in the world.

# Canadian Food You Need To Try



**Poutine** is a dish of french fries and cheese curds topped with a brown gravy.



The **Beaver Tail** is a fried-dough pastry.



**Ketchup Chips** is a type of flavoured potato chip.

# Security and Law



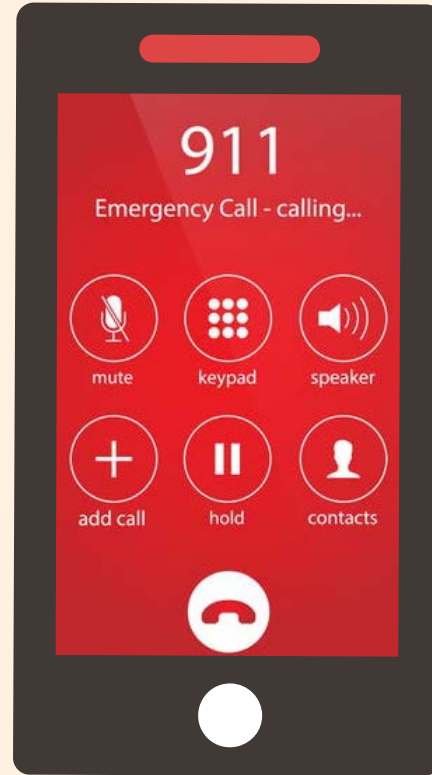
- Canada is a relatively safe country.
- There are no major natural catastrophes.
- The easiest way to avoid becoming a crime victim is to stay away from alcohol and avoid suspicious places.
- Don't leave your belongings unattended in public places.
- Selling and using hard drugs is strictly forbidden.
- Buying and using alcohol and cigarettes is forbidden if you are under 19.
- Smoking is allowed only in restricted areas. Schools and most workplaces are non-smoking areas.
- The police are very reliable and respect fundamental rights.

# Emergency number

**Dial 911 when you need emergency assistance**

- when someone's life, health, property or the environment is threatened or in danger
- If in doubt as to whether there is an emergency, it is better to be safe than sorry – dial 911

**Be prepared to provide your name and location.**



# Welcome to Canada!

